



The best activities guide around!

OCTOBER 2006



YS BGCA Photo Illustration Contest – 12th

Newcomer's Orientation – 17th

Zama Open – 21st, 22nd

Community Night – 22nd

Halloween "Haunted House of Terror" – 27th - 31st

4th Annual 2006 ZAMA OPEN

**GREAT
DOOR PRIZES**

SATURDAY & SUNDAY, 21 - 22 OCTOBER

Tee times start at 6:30 am (check-in 30 minutes prior).

Sign up by Tuesday, 17 October, 5 pm.

Individual 36 hole stroke play (flighted event), limited to 120 players.

Any amateur golfer with a current USGA or JGA handicap. Golfers without a handicap will play scratch. Handicaps will only be used to create the flights. USGA rules (except drivers with COR'S of .860 will be allowed - current R&A limits).

Flights will be determined after entries are received. Gift certificates will be awarded for low gross winners in each flight. Trophy awarded for the overall low gross, male and female. Male golfers will play the blue tees; female golfers the red tees.

- \$40.00: Zama, Atsugi and Tama Hills club members
- \$64.00: SOFA Status nonmembers
- ¥11,000: JGSDF (stationed at Zama)
- ¥15,000: MLC/IHA/HPT (USARJ)
- ¥23,000: All others

Includes carts, door prizes and buffet luncheon on Sunday.

POC:

Dale Jorgenson, Director of Golf, 263-4224

e-mail: dale.jorgenson@zama.army.mil



..... **MWR COMMERCIAL SPONSORSHIP** thanks the following sponsors for supporting this major golf event and the Camp Zama community by providing the following major door prizes:

MAJOR DOOR PRIZE DRAWINGS

- win two round trip, economy class tickets to Hawaii courtesy of Northwest Airlines.
- win a four night stay gift certificate at the beautiful Ohana Beachcomer Hotel located in Waikiki.
- win ¥4,000 food coupons for TGI Friday's (two door prizes)

"See the Bugle for the advertisement".



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation,

and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

If you are not doing anything very interesting between 6 to 10 pm, 27 through 31 October, stop by the Community Cultural Center for the fright of your life when the Camp Zama Youth Center and the BOSS program host the "Haunted House of Terror" to celebrate Halloween. Mind you, it's not for the faint of heart! They promise to 'Scare the daylights out of you', so, be prepared! See the back cover of this issue of the Bugle for details. Our cover shows BOSS Program assistant president Specialist Sopheat Korn practicing the makeup on witch character 14 year old 9th grader Jessica Bailes. Jessica is the daughter of Mr. and Mrs. Tilman Bailes of Camp Zama. They both promise to scare you silly.....

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.

"See the Bugle for the advertisement".

COMING SOON!!!

3rd Annual Jimmie Coomer Veteran's Day Golf Tournament.

Friday, 10 November

(You don't need an established handicap)

For more information, 263-8558

C

omputer

Swing Analysis using "Total Vision! Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 (Dale Jorgenson) for an appointment.

■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

PAYDAY SCRAMBLE (FREE)

MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥4,000 and JGSDF pay ¥2,000. Limited to personnel assigned to USARJ, supporting and tenant units and their family members.

- Friday, 3 November (shotgun start at 11 am).

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 12 October, 7:30 am, shotgun start. Cost is \$25 for SOFA status members and green fees for nonmembers. Contact Ernie Harada at 263-4225 to sign up.

TOMODACHI DAYS

Tomodachi Days in October are as follows:

- 13 October - Friday
- 20 October - Friday
- 27 October - Friday
- 30 October - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥4,000 plus cart. This is a significant savings over the regular rate of ¥10,000. Check with starters for available tee times.

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ATTENTION!



- Holes #11 and #12 and the new greens on holes 1 and 2 are now open.
- All other holes (except #5) are playing at their regular length. Course par is now 70.
- The 5th hole is playing as a par 3 until the scheduled opening in June 2007.

Thanks for your patience and understanding during this project!

NIKE GOLF DEMO DAY

FREE

Saturday, 28 October
10 am - 2 pm

Camp Zama Driving Range

Come try the new Nike golf equipment.



CLUBHOUSE RENOVATION

CONSTRUCTION UPDATE

The contract to renovate the clubhouse has been awarded. Construction will start very soon. The project will be completed in phases. Phase I includes

the new locker room addition, the new cart storage facility and a new stairway to

the upper parking lot.

During phase I, golf cart traffic from 9 green to 10 tee will be rerouted through the parking lot.



AUSA Charity Golf Tournament

Wednesday, 25 October
9:30 am shotgun start

Cost is \$25 for Zama members • \$37 for nonmembers.

Sign up in the pro shop.

For more information, please call 263-4225

"See the Bugle for the advertisement".



"See the Bugle for the advertisement".

H

arley

Davidson resale items.

The Auto Craft Shop has limited resale items from Harley Davidson.

They have the basics for a tune up, various oil and lube, gaskets and spark plugs. Stop by the shop and see what they have to offer.

■ Auto Craft Shop • 263-3615

USED CAR LISTING

The Auto Craft Shop has a book of listings of used vehicles for purchase. If you would like to list your vehicle for sale please stop by Auto Crafts.

NOTE: We do not make recommendations for vehicles to be purchased.

HOURS OF OPERATION

Sunday - Monday Closed

Tuesday - Friday 1 - 9 pm

Saturday 10 am - 6 pm

Please note: Tuesday - Friday clean up starts a half hour before closing.

SERVICES

• Used Vehicle Courtesy Inspection

The Auto Craft Shop offers a 20 point courtesy inspection for Soldiers and eligible Camp Zama personnel who

are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Engine / Oil Flush

This service will help clean all the gunk build up and extend the life of your engine by revitalizing the different seals and gaskets within the oil system. The service is \$59.95 and all you need to do is provide the oil and a new oil filter and we do the rest. We offer this service by appointment only. Please note that this service is not for all vehicles, so please call or stop by so that we can make a determination.

• Fuel System Cleaning / Flushing

This service will work on any vehicle. This service will help get rid of most "hesitation" when you step on the gas pedal. This service is \$59.95, and we even provide the gasoline. The service is by appointment only.

CAR WASH

PREPAID CARDS FOR THE CAR WASH

The prepaid cards for the car wash machines located on Camp Zama, Sagamihara Family Housing Area and Sagami Depot are sold at the Auto Craft Shop. The cost for one card is only ¥3,000, but you get an extra ¥500 worth of credit! It's easy to use.

"See the Bugle for the advertisement".

■ School Liaison Office • 263-3241

••••• DOD STUDENT MEAL PROGRAM •••••

- You may qualify for free and/or reduced school lunches, so please complete the application available at (<http://slo.zamarares-ref.org/forms/-Free%20&%20Reduced%20Price%20Meal%20Application.pdf>). This form needs to be delivered to the School Liaison Officer at the CYS Central Enrollment Registry Office located in room 108, building 533.
- If you would like more information on AAFES school meals, please visit their FAQs at <http://odin.aafes.com/nutrition/FAQ.htm>.
- If you have any comments/suggestions concerning the DoD Student Meal Program, please contact School.Liaison@zama.army.mil or call 263-3241.

■ School Age Services • 267-6317

School Age Services (SAS) is a friendly program that offers Before and After School Care for working military/civilian parents in the community. SAS staff offers a wide variety of activities to meet the needs of children ages 6 - 12. We are open Monday thru Friday. The hours of operation are from 5:30 - 8:30 am and 3 - 6 pm. On no school days we are open 5:30 am - 6 pm. There are scheduled activities and field trips on half a day and no school days.

October's events for early dismissal from school on the 13 and

the 20 October will be in house activities at SAS on both days.

The SAS Parent Advisory Council meets every third Thursday each month in Bldg 337 at 5 pm. We invite all parents to come out and support your SAS program.

You can pick up a complete registration package and register at the Central Registration Office located in Bldg 533, Camp Zama.

For more information, please contact Mrs. Smith at the ARO Bldg at 263-3397, or Ms. Campbell at SAS, Bldg 337, or call 263-6066.

HOURLY CARE CARD

Pre-paid "Hourly Care Card" must be purchased at the Central Registration Office, Bldg 533.

- \$35 (10 hours) for CDC Hourly Care
- \$25 (10 hours) for SAS Hourly Care

For more information, call
263-3397

■ Child Development Center • 267-6564

SAGAMIHARA HOUSING AREA

• Closed

* Monday, 9 October, (Columbus Day).

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 10 October, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center.

• **Fall Festival (Games and Parade)** Friday, 27 October, 3:30 - 5 pm.

For more information, please phone Ms. Maricel Henson, 267-6153.

ZAMA CHILD DEVELOPMENT CENTER

• Closed

* Monday, 9 October (Columbus Day).

• Zama Pac Meeting

Will be held on Wednesday, 11 October, 4 - 5 pm.

• Field Trip to Atsugi

Friday, 13 October, 10 am - 3 pm (Preschool/Pre K).

• Parent/Primary Caregiver Conferences

Monday - Friday, 23 - 27 October, noon - 2 pm.

• Fall Festivities (Family Luncheon)

Tuesday, 31 October, 11:30 am - 1 pm

• Walking Field Trip on Post

Tuesday, 31 October, 2:30 - 4 pm. (Preschool/Pre K)

• Show and Tell and Cooking Activities (every Friday, 2:30 - 3:30 pm)

For more information, please phone 263-8081



SHA Child Development Center

Parents Night Out

SHA CDC Hourly Care is offering a Special Friday Parents Night Out "Child Care".

Friday, 20 October, 6:30 - 11:30 pm

Please serve dinner prior to dropping off your kids (only snacks will be provided).

\$20 per child

For reservations:

- Fee must be paid two weeks in advance at the Central Registration Office.
- Limited space available.
- We must have 15 participants.
- For more information, please call the Central Registration Office, 263-4743/4125.

M

onday,
23 October, 2:30 - 6 pm,
kick off "Red Ribbon
Week" with a Red Spirit
Day (wear red and receive
a gift) from the Zama
Youth Center.

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

YOUTH CENTER

• Paintball

Saturday, 7 October, for all paintball lovers, or those looking for a thrill. The Zama Youth Center is scheduling a paintball trip to Ikego from noon to 3 pm. Invite all your friends so you can play as teammates or against each other. Need at least 10 youth by 2 October for this program. The cost for youth center members is \$30.

• Six Grade Happening

Friday, 6 October, 7 - 10 pm, the

monthly "6th Grade Happening" will be held from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

• Middle School Homecoming

Saturday, 21 October, 7 - 10 pm, the Zama Youth Center will host the "Middle school Homecoming". Transportation will be provided from SHA (6:30), Depot (5:45 pm) and Atsugi (6:30 pm). Get your tickets in advance from the Middle School student council.

ZAMA TROJANS FOOTBALL TEAM

The Zama Youth Center will provide transportation to all Zama High School away games in the Kanto Plain area. Come out and support your Zama Trojans football teams.

GAME SCHEDULE

- Saturday, 14 October. Support your Zama Trojans "Run Wild" against the ASIJ Mustangs at ASIJ. The bus will depart 9am from the Zama Youth Center. Departure time may change due to scheduling. You must register at the Zama Youth Center by 13 October.
- Friday, 20 October. Come out and support your Zama Trojans "Run Wild" against our arch rival the Yokota Panthers at Zama American High School. The action begins at 7 pm.
- Homecoming Parade!! We request any unit or community organization to participate. The parade will be on 20 October with line up starting at 2:45 pm in front of Zama High School, and the parade starts at 3:20 pm. For more information, contact Mr. Ron Geist by e-mail: ronald.geist@pac.dodea.edu. Please sign up early.



TECH CLUB ACTIVITIES

• Tech Club Meeting

Join the best Teen Tech Team in the Army! Meetings are on Tuesdays from 3:30 - 5:30 pm in the tech lab. Tech team members are involved in photo taking, manipulation, movie making, web designing and community projects concerning technology and much, much more. <http://www.zamayouthcenter.org/clubs/techclub.htm>.

• Lego Robotics Program

Registered members who are in 6th thru 12th grades meet every Fri-

TRIP TO TOKYO JOYPOLIS

Monday, 9 October, 10 am - 7 pm



Tokyo Joypolis is the largest and most sophisticated amusement arcades in Tokyo operated by Sega. Signup and enjoy a day riding some of the wackiest rides you will ever see. At least 10 youth are needed by 4 October to make this trip happen. The cost for youth center members is \$35.

day, 3:30 - 5 pm. Participants cooperate with adult mentors in creating robots according to their own interest. Participants start by using pre-existing instructions to build their robot, followed by a programming and investigation session that defines the blueprints for the robot's performance. Contact Mr. Lawrence at 263-8573 for more information. <http://www.zamayouthcenter.org/techlab/robotics.html>

• ZTN Zama Teen News

Club members in grades 6 - 12 will meet on Wednesdays, 3 - 6 pm, and learn how to film, edit and produce their own news show which will be shown on our website and on the MWR TV channel. We are looking for youth anchors, reporters, camera persons, editors, and producers. Youth may join in at any time. Volunteers are needed to help make this program a success. Contact Mr. Lawrence at 263-8573 or e-mail at techlab@zamayouthcenter.org for more information. More information

on our ZTN program can be seen at www.zamayouthcenter.org/ZTN

• Friday Night Game Night

Attention all registered youth center Gamers who are in 6th thru 12th grades. Join us every Friday night (except on dance nights) from

6 - 10 pm for "Game Night" and battle it out with our popular Tank game and more. Prizes will be given for the Top Dogs. Contact Mr. Lawrence for more info at 263-8573 <http://zamayouthcenter.org/techlab/gamenight.htm>



4H PHOTO CLASSES

Learn how to take great photos for yourself, a contest or even to become a photographer at the youth center. We will use, and supply you with, the 4H Photography Handbook and we will also supply you with a camera. The 4H photography project not only provides a fun hobby, but it also introduces youth to the world of work as they explore what career photographers do in their line of work. The photography project teaches life skills including communication, leading, critical thinking, planning and organizing, keeping records, and self esteem by taking pride in the things they have accomplished. Registered members in grades 6th thru 12th are eligible to participate in this 8 week class which meets every Monday from 3:30 - 4:30 pm. <http://zamayouthcenter.org/clubs/photographyprogram.html>

SCHEDULE OF YOUTH SPORTS ACTIVITIES

Events	Registration Date	Event Date	Time	Age Group
Swim Team Season	Open	2 Sep - 9 Dec		5-15
• Registration will stay open throughout the season.				
Volleyball Season (Girls)	31 Aug - 5 Oct	4 Nov - 16 Dec	TBA	9 - 11, 12 - 15
Volleyball Skills Assessment	31 Aug - 5 Oct	4 Nov - 16 Dec	TBA	9 - 11, 12 - 15
• At Zama Teen Center (coaches meeting after assessment)		12 Oct	1745 - 1845	9 - 11
• At Zama Teen Center (coaches meeting after assessment)		13 Oct	1830 - 1930	12 - 15
Flag Football	31 Aug - 5 Oct	4 Nov - 16 Dec	TBA	5-6, 7-10, 11-15
• 5 - 6 age division if there are 25 registrants.				
Flag Football Skills Assessment		14 Oct	1530 - 1730	7-10, 11-15
• At Zama Teen Center (coaches meet before skills assessment). Ages 7 - 10 meet 15:30 and Ages 11- 15 meet 16:15.				
Flag Football Cheerleading	31 Aug - 5 Oct	4 Nov - 16 Dec	TBA	4-6, 7-10, 11-15
Cheerleading		16 Oct	1700	
• Cheerleading coaches meeting at Zama Teen Center.				
Volleyball (open games)		13 Oct	200 - Midnight	9-18
• Just show up at the Zama Teen Center (anti-drug demonstrations/prizes).				
Soccer Season		9 Sep - 21 Oct	TBA	5 - 15, 11 - 15 (G)
• May extend registration period throughout the season.				
• *New season dates. ** New JV and varsity level players who meet age requirements are welcome. ***New: all girls' 9 - 11 division.				
Hot-Shot Soccer		13 Sep - 18 Oct	1615 - 1700	3 - 4
• May extend registration period throughout the season.				
• Introduction to the game (meet every Wednesday).				

• All registrations are taken at the Central Registration Office, Bldg #533. For more information, call 263-5437/3424.

■ Paid Advertisements

“See the Bugle for the advertisement”.

■ Paid Advertisements

“See the Bugle for the advertisement”.

A

Army Family
Action Plan (AFAP),
263-HELP (4357).

To submit an AFAP issue,
log onto [http://www.
mwrjapan.jp.pac.army.mil/](http://www.mwrjapan.jp.pac.army.mil/)
and click on "Submit a
2006 AFAP Community
Idea/Concern". Issues can
be submitted
anonymously and will be
sent directly to the AFAP
Program Manager.

ACS... "The Choice" for all
your service needs.
For information and
assistance, call 263-HELP
(4357)

■ Army Community Service • 263-8327

RELOCATION READINESS 263-HELP (4357)

• *Newcomer's Train Class Parts I and II*

Part I: 19 October, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 21 October, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses and extra yen for shopping.

• *English Teacher's Network*

Thursday, 19 October, noon - 1 pm, ACS Outreach Room, Bldg. 402. Find out how to recruit students, what fees to charge, where to find teaching materials and more.

• *Shopping on the Economy*

20 October, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story ¥100 shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

• *English as a Second Language*

Every Monday from 10 am - noon, ACS Outreach Room, Bldg. 402. Learn the language while studying

customs, traditions and idioms.

• *Knitting and Crocheting Class*

Every Tuesday from 9:30 - 11:30 am, ACS Outreach Room, Bldg. 402. (for all levels).

• *Japanese Language Class*

Every Wednesday from 10 am - noon, ACS Outreach Room, Bldg. 402. Taught by a native Japanese speaker.

• *Sponsorship Training*

Every 2nd Thursday of every month from 1:30 - 2:30 pm, ACS Outreach Room, Bldg. 402. Mandatory for all personnel assigned as a sponsor. Unit training is available upon request.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact Edward Chinneth at 263-8089 to schedule your unit pre-deployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

• *Pre-deployment and Ongoing Readiness Training*

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

NEWCOMER'S ORIENTATION

Tuesday, 17 October, 8:30 am - 4 pm • Community Cultural Center, Bldg #267

- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).
- Key personnel will present an overview of the policies and services available, plus key reps from numerous organizations will be on-site to answer questions and provide informational handouts.
- Opening welcome by the Commanding General and the Garrison Commander.

MWR Commercial Sponsorship and the ACS staff thanks our sponsor, KDDI, for supporting the Newcomer's Orientation Program and the Zama community.

• *For International Calls:*

99 + 001 + Country Code + Area Code + Phone No.



- **Deployment Readiness Support Group**

If your spouse is deployed, then ACS is looking for you! The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

- **AER/Financial/Employment**

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their family members a ready-made program to help achieve personal financial readiness and deploy-ability through the use of sound money management and consumer skills. For more information, contact Timothy Toney at 263-8091.

FAMILY ADVOCACY PROGRAM 263-HELP (4357)

October is "National Domestic Violence Prevention" month. The Family Advocacy Program will offer a "Couples Communication Skills Building Class" every Wednesday in October, 1 - 2:30 pm, at ACS Bldg 402. The course is designed to teach couples how to communicate more effectively on day to day issues. The focus will be on effective listening, resolving conflicts and communication styles.

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-4782. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination,

advocacy, intervention and support will be provided. Contact Leticia Trimble-Smith at 263-4782 for additional information about domestic violence restricted and unrestricted reporting.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with family members with special needs. It is important for spouses to enroll their family members to ensure their family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the family member which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator at 263-4785.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

- **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Become a Camp Zama volunteer by contacting your Army Volunteer Corps Coordinator.

INFORMATION AND REFERRAL 263-HELP (4357)

Information and Referral (I&R) has finalized the ACS-Resource Contact Information Database which provides information on services, agencies and organizations of most military bases throughout Japan. This database is accessible at <https://intranet.zama.army.mil>. First click on the USAGJ icon, then the Morale Welfare and Recreation icon and finally the ACS-Resource Contact Information icon (deselect the pop-up blocker security setting). I&R also provides maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, and the local Japanese economy. I&R provides a vital link between people who need help and the organizations which provide that help.

NEW PARENT SUPPORT PROGRAM



The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive playgroup for parents and children aged birth - 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, 4th Thursday, 9:30 - 11 am, at SHA CDC.
- **Breast Feeding Support Group** is held the first Thursday of every month, 9:30 - 10:30 am, at ACS, Bldg 402.
- **"Baby Bundles"**. Information and supplies for new and expectant parents are available by calling NPSP at 263-3638 or e-mail stacey.davis@us.army.mil.

E

njoy our delicious Mongolian BBQ every Wednesday in the ballroom, 5 - 9 pm, plus a modified menu. Reservations are welcome (please call before 3 pm). USA Dining Room and Eda's Seafood and Filet are closed.

In honor of the Hispanic Heritage Month

TROPICAL BLEND

**Sunday, 8 October,
8 pm - midnight
Firelite Lounge**

**Tex-mex, Salsa,
Mereque, Limbo Dance
contest with prizes.**

Camp Zama Community Club • Firelite Lounge



*Lots of
finger foods,
karaoke.*

Advance ticket: \$3.00
At the door: \$5.00

**USAR-J
COMMUNITY NIGHT**

Friday, 20 October, 5 - 8 pm
For more information, call 263-4547

■ Camp Zama Community Club

• 263-4133

SPECIALTY OF THE DAY

Tuesday

- Try our "Yellow Ribbon Lunch Special" (\$1.00 off).
- Tuesday Night "Family Special" 5 - 9 pm. Any two meals for \$10.

Wednesday

- Lunch special "Pasta Buffet" only \$6.95.
- Wednesday Night "Mongolian BBQ" in the ballroom, 5 - 9 pm.

Thursday

- Lunch special "Oriental Buffet" only \$6.95.
- All You Can Eat "Pasta, Pizza, Soup and Salad Bar"

Friday

- Lunch special "Assorted Buffet" only \$6.95.
- "Chef's Special" on Friday evenings plus our regular menu.

Saturday

Prime Rib or Prime Rib and Shrimp Scampi. Our regular menu will be offered in addition to the above specials on Saturday night.

Sunday

2 for 1 "Steak Night" (good for "Steak of the Night"). Modified menu will be offered on Sunday nights.

LUNCH

Sunday Brunch:

- Adult: \$12.95
- Youth 8 - 12: \$4.95
- Youth 4 - 7: \$2.50
- 3 and under: Free

Tuesday

- 3 • Sliced Roasted Turkey w/Stuffing
- Katsudon
- Rotisserie Chicken
- 10 • Sliced Roast Beef
- Chicken Don
- Rotisserie Chicken
- 17 • Spanish Chicken
- Katsudon
- Rotisserie Chicken
- 24 • Pork Adobo
- Chicken Don
- Rotisserie Chicken
- 31 • Corned Beef and Cabbage
- Chicken Don
- Rotisserie Chicken

Wednesday

Pasta Buffet (\$7.95)

Thursday

Oriental Buffet (\$6.95)

Friday

Assorted Buffet (\$6.95)

Saturday - No Lunch

COUNTRY MUSIC W/DJ

**Every Saturday night
8 pm - 2:30 am.**

In the Firelite Lounge,
playing your favorite
country artiste songs.

FREE LINE DANCE

Please call 263-4547 for
information on the
Wednesday night free
line dance instruction
from 8 - 9:30 pm.

DINNER MENU

Sunday

- 2 for 1 Steak Night (good for "Steak of the Night" only).
- Limited Menu

Monday - Closed

Tuesday

Limited Menu

2 for 1

(Family Night Dinner)

Includes soup, salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

- 3 • Hard Beef Taco, Burritos and Mexican Rice
- Chicken Fajita
- Roasted Chicken
- Baked Meat Loaf
- 10 • Pork and Chicken Adobo
- Chicken Parmesan w/Pasta
- Roasted Chicken
- Baked Meat Loaf
- 17 • Beef Stroganoff
- Chicken Cordon Bleu
- Roasted Chicken
- Shrimp Etouffee w/Jambalaya
- 24 • Seafood Macaroni Croquettes

DINNER MENU

- Veal Parmesan on the Fettuchine
- Roasted Chicken
- Mock Fillet
- 31 • Chicken Fajita
- Cod Florentine
- Roasted Chicken
- Pasta Pescatore

Wednesday (5 - 9 pm)

- Mongolian BBQ
- Limited Menu

Thursday

- Regular Menu
 - "All You Can Eat Pasta, Pizza, Soup and Salad Bar"
- Adult: \$9.95
- 8 - 12: \$5.95
- 4 - 7: \$3.95
- 3 and under: Free

DINNER MENU

- Bingo Night (game starts 7 pm)

Friday

Regular Menu (5 - 10 pm)

- Chef's Special (5 - 9 pm)
- Eda's (5 - 9 pm)

20 Community Night

Regular Menu (5 - 10 pm)

Chef's Special (5 - 9 pm)

Eda's (5 - 9 pm)

Saturday

- Regular Menu
- Prime Rib Dinner
- 6 oz Prime Rib and Shrimp Scampi

Our regular menu will be offered in addition to the above specials on Saturday night.



MONTHLY CUSTOMER APPRECIATION DRAWING:

The prize for October is a \$50 dinner coupon for Sagami Lounge.
The November prize is dinner for two valued at \$100 in EDA's.

Don't forget to put your receipt in the boxes located in MWR business facilities.

HALLOWEEN PARTY

Camp Zama Community Club
Firelite Lounge
28 October, 8 pm - 2:30 am

BluZen

Blues and Classic Rock
Band "BluZen"

1st, 2nd and 3rd place prizes
for best costume contest

For more information, 263-4547

Country Music

FAR EAST TEXAS



Saturday, 21 October, 8 - 11 pm • in the Ballroom

For more information, phone 263-4547

B

ook your Christmas party, promotion party or just have a party in the recently renovated banquet room at Sagami Lounge. Contact your Sagami Lounge staff for more information.



October Activities

- Friday, 6 October, 8 pm, 70's and 80's Old School Music w/DJ
- Saturday, 7 October, 6 - 8 pm, Family Time Bowling
- Friday, 13 October, 8 pm, Country Music, w/DJ
- Friday, 20 October, 8 pm, 70's and 80's Old School Music w/DJ
- Friday, 27 October, 8pm, Country Music w/DJ

■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 2 Meatball Stroganoff
- 9 Closed
- 16 Hamburger Steak w/Cheese Mushroom Sauce
- 23 Beef and Broccoli
- 30 Chicken Fajitas w/Rice Pilaf

TUESDAY

- 3 Pork Cutlet Parmesan
- 10 Mexican Buffet
- 17 Indian Tandori Chicken
- 24 Chinese Buffet
- 31 Hamburger Steak w/Cheese Onion Sauce

WEDNESDAY

- 4 Chicken Cordon Bleu
- 11 Okinawa Chicken Taco Rice
- 18 Italian Roast Pork
- 25 Lasagna w/Garlic Bread

THURSDAY

- 5 Stuffed Green Pepper and Cabbage Roll
- 12 Lasagna w/Garlic Bread
- 19 Turkey Fajitas w/Rice Pilaf
- 26 Meat Loaf Gratin w/Linguini

FRIDAY

- 6 Breaded Catfish
- 13 Fried Shrimp w/Curry Sauce
- 20 Seafood Macaroni Gratin
- 27 Alaska Baked Salmon

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$7.50)

- 3 Mexican Dinner Special
- 10 BBQ Dinner Special
- 17 Japanese Dinner Special
- 24 Pizza and Pasta Dinner Special
- 31 Regular Dinner Menu

WEDNESDAY NIGHT

Family night movies for adults and youth (4, 11, 18 and 25 October) regular dinner menu. Choose your discount.

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 5 Japanese Dinner: Salmon Saute w/Radish Sauce
- 12 Korean Dinner: Beef and Kimche Saute
- 19 Italian Dinner: Seafood Saute w/Tomato Sauce
- 26 Chef's Choice: Stuffed Chicken

FRIDAY NIGHT

- 6 Steak and Lobster Tail (\$25)
- 13 Steak and Crab Leg Set (\$25)
- 20 Steak and Shrimp Set (\$20)
- 27 Prime Rib Set (\$20)

SATURDAY NIGHT

(MONGOLIAN BBQ)

Saturday, 7, 14, 21 and 28 October. The best Mongolian BBQ in town!!!

Paid Advertisements

"See the Bugle for the advertisement".



COMING SOON
BOWLING LESSONS

ON TUESDAY AND THURSDAY

3 sessions:
10 am, 1 pm and 3 pm.

Instructor is a certified bronze and certified level I bowling coach.

THIS MONTH'S SCHEDULE

- **No Tap 3, 6, 9 Tournament**
Sunday, 15 October, noon - 5 pm.
- **Halloween Cosmic Bowling Party**
Saturday, 28 October, 7 - 10 pm.
- **Free Family Time Bowling**
Every Wednesday, 3 pm to closing (compliments of MWR).
- **Free Bowling at Lunch Time**
Buy lunch and bowl free from 11:30 am - 1 pm, Monday thru Friday (with lunch purchase of \$4.50 or more). Pick up the calendar for October Daily Lunch Specials at the snack bar or contact Emiko at 263-4780 to get on our email list.

PRE-PAID BOWLING CARDS

Adult, 10 games for \$15; youth, 10 games for \$5 (a saving of \$2.50).

RED PIN BOWLING DAILY DURING OPEN BOWLING

Get a strike with the Red Pin in the #1 spot and you get a free game coupon redeemable within a month.

GOT A BIRTHDAY COMING UP?

Have it at the Zama Bowling Center.

Call 263-4780 for details or stop by and check out our "Party Packages".



STOMP THE MANAGER
Every 2nd and 4th Wednesday of the month



Beat the manager and get a free dinner at the Snack Bar valued at \$5. Good for same day only. Youth up to 10 years old get 100 pin handicap; 11 - 17 years get 75 pin handicap; league bowlers may use their league handicap; adult non league bowlers may receive a 50 pin handicap. Up for the Challenge?!

For more information, call 263-4780

"See the Bugle for the advertisement".

Custom picture framing. All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

■ Arts and Crafts • 263-4412

NEW SCHEDULE FOR POTTERY CLASS

- **Every Wednesday, 3 - 6 pm**
\$20 a class (materials are included)
Instructor: Mr. Ikuta
Basic hand building for beginners and electric wheel instruction for the intermediate level.
* One month and/or three month classes are also available:
One month class (4 classes),
\$50 (materials are not included).
Three month class (12 classes),
\$120 (materials are not included).
- **First and Third Thursday of the month, 6 - 10 pm**

\$20 a class (materials are included)

Instructor: Ms. Imajima
Basic hand building for beginners and electric wheel instruction for the intermediate level.

* Etsuke (drawing for potter) is also available.

- **First Saturday of the month, 10 am - noon**

\$20 a class (materials are included).

Instructor: Enomoto
Beginner and intermediate.

Note: For the above classes you must advance register by calling 263-4412.

■ Community Cultural Center • 263-3939

2007 Army Soldier Show (Nominations for performers and technicians)

- Nominations are being accepted for performers, vocalists, dancers, musicians and specialty acts.
 - Nominations for technicians are also being accepted for lighting, audio, video, costuming and stage technicians.
- Performers and technicians with past experience in theatric leadership, team building, and mechanical or electrical aptitude will also be considered for other positions such as stage manager, etc.

For more information, call 263-8892 or e-mail hiroaki.takase@zama.army.mil

NEW CLASSES

- **Polynesian Dance (four classes a month).**
\$35, Wednesday, 4 - 6 pm.

CLASSES

- **Hula Dance I and II (four classes a month).**
I (beginner): \$50
Monday, 5 - 6 pm.
II (intermediate): \$50
Thursday, 5 - 6 pm
- **Piano Lesson (four classes a month).**
¥6,500, Monday or Friday.
- **Violin Lesson (four classes a month).**
¥6,500, Tuesday or Thursday.
- **Koto Lesson (four classes a month).**
Adult: ¥8,000, Youth: ¥7,000,
Tuesday or Thursday.

INSTRUCTORS WANTED.

The Community Cultural Center is looking for dance, piano, violin, koto and shamisen instructors. For more information, call 263-8892 or 263-3939.

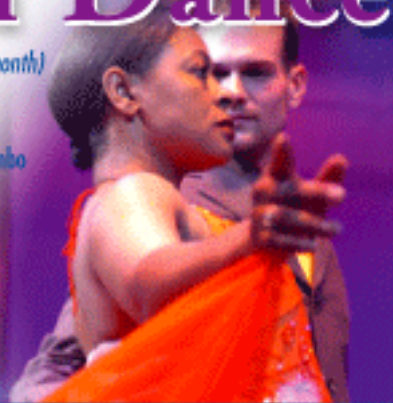
COMING SOON!!!

- Tamagawa University Musical Performance "Starmites", 25 - 26 November.

Ballroom Dance

Ballroom Dance I: Beginner (four classes per month)
Tuesday: 5:15 - 6:10 pm (¥2,000)
Basic: Waltz, Tango, Cuban Rumba and Cha Cha Cha
Party Dance: Slow Rhythm Dance, Jitterbug and Mumbo

Ballroom Dance II: Intermediate (four classes per month)
Tuesday: 6:20 - 7:15 pm (¥4,000).
Amalgamations you learn consist of basic figures
October: Tango (standard dance)
Cha Cha Cha (Latin dance)



■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am at Bldg 502 (bldg next to the Chapel parking lot).

Sundays, 10:45 am, CCD, Religious Education Center

1st Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

3rd Thursday, 6:30 pm, CWOC, Zama Chapel

PROTESTANT SERVICES

Sundays, 9:30 am, Adult Class, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months at Zama CDS Bldg 502 during the time of Sunday Services only.

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

1st Sundays, 10 am, Joint Service, Traditional Chapel at Yokota AB.; contact Paster Pae at 045-922-3218

JEWISH SERVICES

3rd Fridays, 6 pm, Monthly Sabbath services and meals, Zama Chapel, contact Laura Dadswell at 267-6824.

ECKANKAR

An introduction to Eckankar, Religion of the Light and Sound, in the Religious Education Center. All are welcome. For more information, call Sue, 263-7858.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion, SHA Chapel, contact Mr. or Mrs. Fulford at 046-257-0613.

THE CHURCH OF CHRIST

Sundays, 9:45 am, Worship, Atsugi Small Chapel

Wednesdays, 7 pm, Bible Study, Camp Zama #1076A

For more information, call 263-7924 or e-mail glandll@yahoo.com

ON GOING BIBLE STUDIES

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

Thursdays, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4242 or 267-6086.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

Fridays, 6 - 7 pm, Single Soldier's Bible Study, Religious Education Center, SGT Ryan Eberly at 263-4898.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

The Mormons

Sunday Services, 1 - 4 pm at the LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base East Gate.

Tuesday Night Youth Service, 7 pm at the SHA Chapel.

CAMP ZAMA COMMUNITY CLUB

KOREAN FURNITURE SALE

in the Garden Room

Saturday, 21 October • 10 am - 6 pm
Sunday, 22 October • 10 am - 4 pm

***For more information, please call Ms. Fujiko Komatsu, 263-4547**

Satisfaction GUARANTEED!

T

he jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance.

■ Sports Office • 263-3954/4664

SEITAI MASSAGE

Japanese Physiotherapy with "Yukari" is available on Fridays, 5:30 - 8:30 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

MASSAGE

"Massage with Shizuka" is now being offered at the Yano Fitness Cen-

WANTED

The Yano Fitness Center is looking for the following:

- Aerobic Instructors
- Yoga Instructors

ter by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

TANNING BOOTH AND AQUA MASSAGER

Tanning booth:

- \$2.50 a visit
- \$20 for 10 visits
- \$35 for 20 visits

Aqua Massager:

- \$5 for 15 minutes.

AGE POLICY FOR POOLS

The "age policy for pools" went into effect 17 June. Children 12 years of age and below are NOT permitted in the pool unless accompanied by and under the direct supervision of a parent or guardian. Children 13

SINGLES TENNIS TOURNAMENT

FREE

Saturday, 14 October, 10 am

- The event is open to all in the Camp Zama Community (18 years of age or older and not in high school).
- The entry deadline is Thursday, 12 October, 8:30 pm.
- Type of play will be determined by the number and type of entries.
- There will be men's and women's divisions.
- Commander's Cup points will be awarded for this event.

For more information, call 263-7980 or email: andrew.abear@us.army.mil.

"Open " Invitational BASKETBALL TOURNAMENT

28 -29 October, 10am

- The event is open to all (18 years of age or older and not in high school).
- The entry deadline: Friday, 20 October, 5 pm. Mailed applications must be postmarked NLT, Wednesday, 11 October to Recreation Division, DMWR, US Army Garrison, Japan, Unit 45006, Sports and Fitness Center, APO AP 96343-5006. ATTN: IMPAJA-MWR-SP, Mr. Abear.
- The entry fee is \$150 per team. Make checks payable to IMWRF-HONSHU.
- Awards will be presented to the first and second place teams. T-shirts for the first place team.
- Format: To be determined.
- For more information, call Andy Abear, 263-7980

and older have access to the pools without parental supervision. Exception: Children participating in a special program organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

LEARN-TO- SWIM PROGRAM

The Fall "Learn-to-Swim Program" will begin in October. Registration will begin 11 September at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of each session. Youth and adult classes offered. See flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may cancel based on staffing availability and/or participation at specific locations, times, and levels. For more information, call Kimberly Bailes at 263-5656.

POOL PARTY RESERVATIONS

If you are considering a pool party, please submit a "Pool Usage Reservation Request" to the Yano Fitness Center no less than two weeks in advance. Three weeks in advance for parties during non-operational hours. Forms are available at the Yano Fitness Center. Forms can be

e-mailed to you upon request. NOTE: There are NEW pool reservation fees. For more information, call Kimberly Bailes, 263-5656.

TRAINING RESERVATIONS FOR SWIMMING POOL

If you are considering utilizing the Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations, submit the reservation request no less than two weeks in advance. Forms can be e-mailed upon request.

Need ideas for PT Training? Do you need an instructor? We can help!

Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, call Kimberly Bailes, 263-5656.

●●● **POOL HOURS** ●●●
Yano Indoor Pool
Mondays - Friday: 0600 - 1900
(beginning 5 September)
Saturday, Sunday and Holidays:
1000 - 1800
(unless otherwise posted)
Lifeguard Office 263-5037, Aquatics
Director 263-5656

WATER AEROBICS

Water Aerobics Classes:

Tuesdays and Thursdays, 9 - 10 am

Mondays, Wednesdays, and Fridays, 6 - 7 pm

See flyer for specific details and cost.

●●● For more information, call Kimberly Bailes at 263-5656 ●●●



SPORTS, FITNESS & AQUATICS

ZAMA'S BIGGEST LOSER

WEIGHT LOSS COMPETITION

Competition Dates
15 Nov. ~ 7 Feb.

***Register by 14 November at Yano Fitness Center**

GRAND PRIZE
***Life Fitness Exercise Bike**
To the "Overall" Winner!

*** For more information, please contact Joe Kumzak at 263-4042/2664.**



Although

the final day of the swimming pool operation was Labor Day, unit training will still be supported.

Phone the Torii

Physical Fitness

Center at 644-4334,

to use the pool for

training purposes, or

e-mail:

james.perry@okinawa.army.mil.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE 644-4110

• Family Advocacy, 644-4106

The Family Advocacy Program goal is to promote healthy families. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715.

• Sexual Assault Response and Prevention Program 644-4908

The Sexual Assault Response Coordinator (SARC) can be reached at 090-6861-6149 (24 hours a day). Information about restricted and unrestricted reporting of sexual assault can be obtained from the SARC.

• Relocation Readiness Assistance Program 644-4385

* Relocation Assistance

The Relocation Program assists Soldiers and their family members

throughout their mobile military life-style. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

* Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

* Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

* Sponsorship Training

Learn to be an efficient and effective sponsor. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units.

• Outreach/IVC Programs 644-4116

* IVC Program

The Community Programs/IVC is designed to support families of deployed Soldiers. Monthly programs are planned, plus there are opportunities for future jobs. These programs offer incentives for those of deployed Soldiers to ease the deployment stress.

* Baby Bundles

To help welcome the new little Soldiers into the world, ACS offers a free gift to all expectant Soldiers and/or family members. If you are expecting, or recently had a baby, please come by to pick up your free baby bundle today!

* Free Oil Change

ACS provides free oil change and vehicle lubrication to spouses of deployed Soldiers. If the Soldier is deployed for longer than 30 days please bring your orders to pick up your voucher. You are entitled to one voucher per six months.

OUTREACH/IVC PROGRAMS, 644-4116

FREE CHILDCARE

PCS Childcare:
10 free hours for in or outprocessing Soldiers.

Newcomer's:
5 free hours if the Soldier's spouse attends the Newcomer's Briefing.

Deployment:
10 free hours per month for as long as the Soldier is deployed.

Reunion:
16 free hours after the Soldier returns from deployment.

* Deployment must be longer than 30 days; no schools.
* These programs are open to children who are registered at any CDC.



TORII STATION NEWCOMER'S ORIENTATION

(Installation and local community information).

Tuesday, 3 October, 8:30 am - 12:30 pm
ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

Exceptional Family Member Program, 644-4106 ---- Check out the information available at these web sites:

Advocacy: <http://www.peafc.org>

Autism: <http://www.unc.edu/depts/teach>

Cerebral Palsy: <http://www.ucpa.org/>

Developmental Disability: <http://www.ddrcc.com/links.htm>

Resources Division for Early Childhood: <http://www.doc-sped.org/>

Down's Syndrome: <http://www.nas.com/downsyn/>

Learning Disabilities: <http://www.idresources.com/>

Parent/Teacher Resources: <http://www.netnet.net/mums/>

Parent Resources: <http://www.kidsareworthit.com>

Physical and Health Disorders: <http://www.Orthoseek.com>

Speech and Language: <http://www.asha.org>

Toy Catalogs for Children with Special Needs: <http://www.nas.com/downsyn/toy.html>

National Information for Children and Youth with Disabilities: <http://www.nichcy.org/>

For additional information, contact Mr. Boulton at the number above or via e-mail john.boulton1@okinawa.army.mil

*** Deployment Packets**

ACS offers deployment packets to spouses of deployed Soldiers which can help you cope with deployment and reunion issues. ACS also has coloring books and letter writing kits for the children.

*** Employment Assistance**

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa.

**• Financial Readiness Program
644-4378**

*** FSSA (Family Subsistence Supplemental Allowance)**

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.

*** Financial Readiness Program**

Do you find yourself living paycheck to paycheck? Do you want to start saving? Are you worried about your credit? Come to ACS and get one-on-one budget counseling, credit counseling, and savings information. Or, perhaps you would like to attend one of these classes:

2 October, 9 - 11 am, Checkbook Management, and 20 October, 9 - 11 am, Time Home Buyers. Contact the Financial Readiness Program Manager at 644-4378 for assistance or to sign up for a class.

**• Army Family Team Building
644-4743**

Take advantage of some great volunteer opportunities provided by the AFTB program at ACS. Enjoy some exciting activities that will en-

rich your Army family experience.

*** ESL Class**

English as a Second Language (ESL) classes are ongoing on Thursdays from 9:30 - 11:30 am in the ACS Conference Room, Bldg 236. Participants may join at any time. Classes are free and workbooks will be provided.

*** Army Family Action Plan**

Issues may be submitted through unit delegates or sent directly to Deborah.Coubrough@okinawa.army.mil at any time throughout the year. Please let us know what your issues are to have a positive impact on the quality of life on Okinawa.

FREE MOVIES

Free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".

ARTS AND CRAFTS CENTER

644-4303

HOURS OF OPERATION:

Mon, Thu - Fri: noon - 8 pm

Sat - Sun: 9 am - 5 pm

Tue, Wed and holidays: Closed

*** Classes and Services**

Framing and matting classes are of-

...YOGA•YOGA•YOGA...

Yoga is now being offered for free at the Torii Physical Fitness Center.

Instructor Information and Hours:

Tue, Thu Martha Bond 5 - 6:30 pm
ayogabond@yahoo.com

Mon, Wed Sunny Glasses 11 am - 12:30 pm
sunnylovestosurf@yahoo.com

Lentine Zahler
lentinealexis@mac.com

Yoga is a challenging activity that helps increase flexibility, improve strength, and relieve stress. For more information, call 644-4304 or email arist.watson@okinawa.army.mil

**Army on Okinawa Golf Activity
PAYDAY GOLF SCRAMBLE**

**Monday, 2 October, 7 am
Banyan Tree Golf Course**

The October Army Golf Program is being offered at a reduced price to all Army SOFA status patrons. To register, visit the Torii Physical Fitness Center, pay the \$10 fee, and submit required signature. Come join the Army on Okinawa for the Payday Golf Scramble. It's never too late to enter yourself or team/unit in this event; however, it does pay to register early.

Torii Station Sports and Fitness Center, Bldg 275

For more information, call 644-4334 or e-mail james.perry@okinawa.army.mil



ferred, plus the wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

* Chess Expo

Join us at the Torii Station beach for open play chess. From "Chess for Dummies" to skills drills, play for fun or challenge the best. Event is Sunday, 15 October, noon - 3 pm. Feel free to bring your own board.

HOURS OF OPERATION:

Tuesday - Saturday: 10 am - 7 pm
The library is located in Bldg. 248 across from the Education Center

AUTO CRAFT CENTER, 644-5612

The Auto Skills Center and its staff of professionally trained mechanics offer a wide range of services at very reasonable prices.

HOURS OF OPERATION:

Tue and Wed,	CLOSED
Thu, Fri, Mon,	11 am - 8 pm
Sat and Sun,	9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

* Safety Orientation:

The Safety orientation is held daily and is required before using the Auto Skills Center. This orientation is

documented with a DA 3031-1 Qualifications Card.

* Auto Inspection

We cannot do the actual inspection, but our staff can help you get ready through a pre inspection service.

* Tinting Service

Protect your interior from the destructive UV rays and make your driving more enjoyable with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required. Please check with our staff.

* Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.

Indoor typhoon parking:

\$10 (\$5 motorcycle)

TDY parking:

\$20 (TDY orders required)

Other than typhoon and TDY:

Indoor, \$10 per night

Outdoor, 5 Days \$20

Towing service (check with our staff).

OUTDOOR RECREATION

644-4698

HOURS OF OPERATION (winter):

Open 7 days a week, 8 am - 5 pm

* Make reservations to use facilities at the Beach Office, Bldg T301.

Pavilions (BBQ grill is included)

Small: \$25 • Medium: \$30

Large: \$40

* Torii Beach south camping area for only \$5 for a camp site on the South (family) camping area. Cost includes a BBQ grill.

* Bicycle Rental

\$6 a day. Explore Torii Beach.

* Water Slide: last day for this year is Sunday, 15 October.

* Torii Turtle Theater

Every Friday and Saturday (weather permitting).

Curtain time: after sunset.

Free movies are showing at Torii Beach. Look for the schedule on the "Beach Information Board".

* Rental Costumes Service

\$20 - \$50 per day, 10 am - 9 am.

Easter Bunny, Mr. and Mrs. Santa, Superman, Batman, Jester.

SCUBA LOCKER, 644-4290.

The water is still nice for another month so now is the time to sign up for dive classes. We offer PADI, NAUI, and GUE courses. The Scuba Locker is well stocked with everything you need to enjoy Okinawa's underwater world. Don't miss the opportunity of a lifetime. Dive with a Whale Shark.

HOURS OF OPERATION (fall)

Mon, Thu and Frid: 9 am - 5 pm

Sat and Sun: 9 am - 6 pm

The Scuba Locker offers free air fills to all ID card holders?

TORII BEACH CABINS

For reservations, phone 644-4290. Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD players and BBQ grill. Visit Torii Scuba Locker to check in/out. Check in time is 3 - 6 pm, Thursday - Monday. Check out time is 11 am. \$50 per night.

CORAL COVE and CORAL COVE JR.

Free Movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".



Coral Cove Club, 644-4017

- All you can eat pasta bar
Every Tuesdays, 4 - 10 pm, only \$3.95 in the Seaview Lounge. Two kinds of pasta, marinara and Alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.
- Burger and Beverage: Every Thursday, \$2.95, 4 - 8 pm
- Sunday Breakfast: 7 am - noon
This "All You Can Eat buffet" adult: \$6.95,
Children under 12: \$3.95, under 5: Free

Coral Cove Jr, 644-4008

- Open Thursday - Monday, noon - 8 pm (weather permitting).
- Grill night at Torii Beach
Every Thursday, 5 - 8 pm.
Your choice of T-Bone Steak (\$10), Chicken (\$9),
Mahi Mahi (\$8), or Hot Dog (\$2.50) with sides
of dinner rolls, coleslaw and a baked potato.

• Cappuccinos are now available. Stop by the Coral Cove and try one of the three flavors.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

ON-LINE CATALOG

Search our collection from home or work at: <http://www.yokotalibrary.com/uhtbin/webzama/>

NEW MCNAUGHTON BOOKS

- Blue Shoes and Happiness by McCall Smith, Alexander (Best-seller)
- Clemente by Maraniss, David (Best-seller)
- Cesar's Way by Millan, Cesar (Best-Seller)

- Can't Make a Black Woman Take Off Her Earrings by Perry, Tyler (Best-Seller)
- Rule #1 by Town, Phil (Best-Seller)
- Mother by Angelou, Maya
- Oakdale Confidential by Anonymous
- I Say a Little Prayer by Harris, E. Lynn
- Shiver by Jackson, Lisa

NEW DVD

- The Constant Gardener Drama
- Downfall Drama
- Syriana Drama
- The Cult of the Suicide Bomber Documentary
- Why We Fight Documentary
- Sideways Comedy
- Patton War
- Harry Potter and the Prisoner of Azkaban Children
- Madagascar Children
- Robots Children

■ Outdoor Rec. & Local Tours • 263-4671

OCTOBER TOURS & EVENTS

- Katsunuma Grape Festival
Sunday, 1 October
Depart: 8:30 am • Return: 6 pm
- Autumn Bazaar at Yokosuka
Sunday, 1 October
Depart: 8 am • Return: 5 pm
- National Foundation Celebration at Chinatown
Sunday, 1 October
Depart: 10:30 am • Return: 6:30 pm
- Disney's Halloween
Friday, 6 October
Depart: 7 am • Return: 11:30 pm
- Izu Fishing & Drive 2 Nights
Friday-Sunday, 6-8 October
Depart: 4 pm (Fri.)
Return: 6 pm (Sun.)
- Mountain Biking at Yatsugatake
Saturday, 7 October
Depart: 6 am • Return: 7:30 pm
- Experience Mt. Fuji
Saturday, 7 October
Depart: 6 am • Return: 7 pm
- Tokyo by Day
Saturday, 7 October
Depart: 8 am • Return: 6 pm
- Paintball at Tama Hills
Sunday, 8 October
Depart: 7 am • Return: 5 pm
- Yokohama Jazz Festival
Sunday, 8 October
Depart: 10:30 am • Return: 7 pm
- Free Time at Mt. Takao
Sunday, 8 October
Depart: 8:30 am • Return: 4:30 pm
- Hida Takayama Autumn Festival
Monday, 9 October
Depart: 3 am • Return: 11 pm

- Columbus Day Cruise in Yokohama
Monday, 9 October
Depart: 9:45 am • Return: 3:30 pm
- Deep Sea Fishing (Yellow Tail)
Saturday, 14 October
Depart: 5:30 am • Return: 3:30 pm
- Kabuki Theatre
Saturday, 14 October
Depart: 10 am • Return: 6 pm
- Nikko Excursion
Saturday, 14 October
Depart: 4:30 am • Return: 9 pm
- River Kayaking Overnight for Beginners at Kuji River
Saturday-Sunday, 14-15 October
Depart: 4:30 am (Sat)
Return: 7:30 pm (Sun)
- New Sanno Brunch & Cosmo Viewing
Sunday, 15 October
Depart: 8 am • Return: 5 pm
- Fuji Safari Park
Sunday, 15 October
Depart: 8 am • Return: 5 pm
- Marine Tower & Hikawa-Marui
Wednesday, 18 October
Depart: 3:30 pm • Return: 9:30 pm
- Caving for Beginners
Saturday, 21 October
Depart: 6 am • Return: 7 pm
- Kawagoe Festival
Saturday, 21 October
Depart: 10 am • Return: 9 pm
- Universal Studios "Hollywood Halloween"
Saturday, 21 October
Depart: 2 am • Return: 11:45 pm
- Hakone Area Excursion
Sunday, 22 October

- Depart: 7:30 am • Return: 6 pm
- Enoshima Island Fall Festival
Sunday, 22 October
Depart: 8:30 am • Return: 5 pm
- Wakeboarding at Flying High
Sunday, 22 October
Depart: 6 am • Return: 7 pm
- "Tokyo Comedy Store" Show
Friday, 27 October
Depart: 5 pm • Return: 1 am
- Asakusa Kitchen Street Shopping
Saturday, 28 October
Depart: 8:30 am • Return: 5:30 pm
- Makuyama Autumn Scenic Hike
Saturday, 28 October
Depart: 6 am • Return: 4:30 pm
- Season Opener Trout Derby
Saturday, 28 October
Start: 1 pm • Finish: 3:30 pm
- Showa Kinen Park
Sunday, 29 October
Depart: 8:30 am • Return: 5:30 pm
- Fujikyu Highland
Sunday, 29 October
Depart: 7 am • Return: 7 pm
- "Lock Up" Dinner in Shibuya
Tuesday, 31 October
Depart: TBA • Return: TBA



**Better Opportunity for
Single Service Member**

MEETINGS

- Tuesday, 10 October
- Tuesday, 24 October

*All meetings are at 2 pm at the CCC.

Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

- **Army Community Services** 263-8327
Mon, Tue, Thu, Fri 0700-1700
Wed 0700-1500

ZAMA Golf Club

- **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-4224

(All the following golf activities are open during lunch).
Course/Starter 263-4975

Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665

Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700

Pro Shop 263-5284

Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)

Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200

Chip Inn & Snack Stand 263-5834

Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452
263-7935

- **BOWLING CENTER ZAMA** 263-4780

Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

- **BOWLING CENTER DEPOT** 268-4954/4606

Tue - Sat 1100-2000
Sun - Mon Closed

- **ZAMA COMMUNITY CLUB** 263-4133

Lunch

Tue-Thu 1045-1315
Sunday Brunch 1000-1330

Cashier & Game Rooms

Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204

Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto

Tue-Thu & Sun 1100-2200
Fri 1100-0100
Sat 1100-0100

Cornerstone Game Room (no bar)

Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Eda's Seafood & Filet

Thu & Sun 1700-2100
Fri & Sat 1700-2200

Firelite Lounge

Tue-Thu & Sun 1630-2300
Fri 1630-0300
Sat 1900-0230

USA Dining Room

Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

- **HOB NOB INN** 267-6097

Lounge & Game Room

Mon, Tue-Thu 1630 - 2100
Wed 1630 - 2300
Fri, Sat 1630 - 0100
Sat 1900 - 0100
Sun Closed

Restaurant (Closed)

- **SAGAMI LOUNGE** 268-4954
268-4142

Take Out

Lunch (Mon-Fri) 1100-1300

Dinner (Tue-Sat) 1700-2000

Lounge/Game Room

Tue-Thu 1100-2200

Fri 1100-2400

Sat 1630-2300

Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-5614
- **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed

Wed-Thu 1300-2100

Fri, Sat & Sun 1000-1800

Open during lunch

- **AUTO CRAFTS SHOP** 263-3615

Sun-Mon Closed

Tue-Fri 1300-2100

Sat 1000-1800

Training Holiday 1000-1800

- **COMMUNITY CULTURAL CTR** 263-3939

Mon-Fri 0800-2100

Sat, Sun & Hol Closed

Open during lunch

- **INTERNATIONAL TOURS** 263-5273

Mon-Fri 1000-1800

Open during lunch

- **LIBRARY**

Zama 263-3517

Mon-Thu 1000-2030

Fri- Sun & Hol 1000-1800

Open during lunch

Depot 268-4523

Tue-Thu 1000-1800

Fri & Sat 0900-1700

Sun, Mon Closed

Open during lunch

Sagamihara 267-6603

Tue-Thu 1000-1900

Fri-Sat 0900-1800

Sun, Mon & Hol Closed

Closed for lunch 1400-1500

- **OUTDOOR RECREATION** 263-4671

Vehicle Rental/Equipment Rental

Mon-Fri 0900-1730

Sat-Sun 0800-1600

Open during lunch

Local Tours 263-4671

Mon-Fri 0900-1730

Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700

Sat-Sun 1000-1600

Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270

Kure Lodging 256-2580

- **POOLS** 263-5656

YANO 263-5037

Mon-Fri 0530-1900

Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122

Mon-Tue & Fri 1200-1800

Sat-Sun 1100-1800

Wed-Thu Closed

DEPOT (Closed)

- **SPORTS/FITNESS CENTER** 263-4664

Zama 263-3954

Mon-Fri 0530-2030

Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762

Mon-Sun Open 24 hrs

Depot 268-4729

Mon-Fri 0930-1830

Sat-Sun 1000-1800

Holiday 1000-1800

Support Services Division

- **DIRECTOR** 263-5701
- **ADMINISTRATIVE OFFICE**

Child and Youth Service Branch

- **CHILD & YS COORDINATOR** 263-8086

(All the following CDC facilities are open during lunch).

Central Registration Office 263-3397

Mon-Fri 0830-1730

Depot Dev Group Home 268-4625

Sunday only 1300-1500

Family Child Care 263-3397

Sagamihara CDC 267-6564

Mon-Fri 0530-1800

Zama CDC 263-4992

Mon-Fri 0530-1800

- **YOUTH SERVICES**

Depot Youth Center 268-4625

Zama Youth Center 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1200-2200

Sun 1400-1800

School Age Services (SHA) 267-6317

Mon-Fri 0630-1800

Youth Sports 263-5437

Mon-Sat 0900-1800

Open during lunch

School Liaison Office 263-3241

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293

Reservation Desk 263-2775

Front Desk 263-3830

Open 24 hours/7 days a week

USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396

- **ARMY COMMUNITY SERVICE**

Director 644-4110

Receptionist 644-4175

Relocation Coordinator 644-4385

Outreach/Volunteer Coordinator 644-4116

Finance/Consumer Affairs/AER 644-4378

School Liaison Officer 644-4908

Family Advocacy 644-4106

AF TB / AFAP Manager 644-4743

- **ARTS & CRAFT CENTER**

Lobby 644-4303

- **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4894

Lounge 644-4306

Cashier Cage 644-4426

- **LIBRARY**

Staff Room 644-4468

- **MARKETING**

Commercial Sponsorship 644-4703

Graphic/Illustration 644-4495

- **MOVIE THEATER**

644-4381

- **SPORTS/OUTDOOR REC**

Customer Svc/Pavilion Rental 644-4144

Sports Specialist 644-4334

Event Coordinator 644-4797

Swimming Pool 644-4169

Scuba Locker 644-4389

Retail Sales 644-4795

Equipment Issue 644-4290

Parks, Picnic & Beach 644-4263

Kure Harbor Club

- **MWR Office** 256-2580

256-2581

0800-1630

- **Outdoor Recreation** 256-2575

0900/1700

- **Dining Room**

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

- **Bar**

Mon 1630-2000

Tue-Sat 1630-2200

- **PX / CLASS 6**

Mon-Fri 0900-1730

Sat 1130-1530

BGCA Photo Illustration Contest

Thursday, 12 October, 5 pm
at the Youth Center

Emphasis in the art work should be the photos, not the text. Judges will consider how members use photo software to overlap, change, and crop and edit photos to create a new image. Prizes will be given to the winner in each age group, and each winner's photo will be sent to the regional contest in Washington State. Registered members in grades 6th thru 12th are eligible to participate in this contest. <http://zamayouthcenter.org/techlab/photoillustration06.htm>

Z A M A  I T T

Fall & Winter Escapades

Fall Tours

*22~26 November

- Bangkok
- Hong Kong
- Beijing
- Angkor Wat
- Saigon
- Singapore
- Shanghai

Zama ITT

Military Phone: 263-5273/4059

Military Fax: 263-7507

E-Mail: travel@zamaitt.com



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Scare the daylights out of you !!!



HAUNTED HOUSE OF TERROR

27-31 OCTOBER 2006 (6 -10 PM)
At the Community Cultural Center

The cost for admission:

Age 13 and above: \$3 • Ages 12 and under: \$1.50

For more information: Zama Youth Center, 263-4500

HALLOWEEN

•• ZAMA YOUTH CENTER AND BOSS PROGRAM ••